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PROCEDURE DATE: _____ MATHER

ADVANCED SURGERY CENTER OF LONG ISLAND (ASCLI)

*If you need to **cancel** your procedure, please let us know **as soon as possible***

LIDDC: CLENPIQ INSTRUCTIONS

****FOLLOW THESE INSTRUCTIONS – NOT THE PREP KIT INSTRUCTIONS****

A. MORE THAN TWO WEEKS BEFORE YOUR PROCEDURE:

Inform the office at **631-751-8700** IF:

1. You are **diabetic**
2. You are **allergic to latex**
3. You take **blood thinning products** (Coumadin, Plavix, Aggrenox, Pradaxa, Pletal, Brilinta, Ticlid, Trental, Effient, Xarelto, Eliquis)
4. You have a **prosthetic heart valve**, a history of **endocarditis**, **vascular graft**, **prosthetic joint replacement within the last 12 months**. You may need antibiotic coverage for your procedure
5. **Ensure you have a responsible party take you home from the procedure.**
We may cancel the procedure if you do not have a responsible party to take you home
6. **You will be called by the surgery center (ASCLI) with your arrival time two days prior to procedure**

INSTRUCTIONS CONTINUE ON REVERSE SIDE

B. ONE WEEK BEFORE YOUR PROCEDURE

1. Do not take iron, iron-containing compounds, Vitamin E, fish-oil, Advil, Motrin, ibuprofen, Aleve, and Naprosyn. You make take Tylenol (acetaminophen)
2. If you are taking aspirin 81 mg/day (baby aspirin) you should *CONTINUE* this unless otherwise instructed
3. **Bloodwork** should be done **7-14 days prior** to the procedure

****Do not take ANY GLP 1 agonist that is dosed on a weekly basis within 7 days before your procedure. Failure to comply will result in your procedure being cancelled. The GLP 1 agonists include the following: Mounjaro, Zepbound, Ozempic, Wegovy, Trulicity, Bydureon, Byetta, Saxenda, Victoza, Adylyxin and Semaglutide. If you are taking an oral GLP 1 agonist (ex. Semaglutide pill), do not take it on the day of your procedure!****

C. THE DAY BEFORE YOUR PROCEDURE: DO NOT EAT SOLID FOOD!

****If your procedure is scheduled in Mather Hospital, call 631-476-2717 the evening before your scheduled procedure for your arrival time.**

1. **DO NOT EAT SOLID FOOD. YOU CAN ONLY HAVE CLEAR LIQUIDS!**
Drink at least 8 glasses of clear liquids. These fluids should **not be RED or PURPLE** (ex. Apple juice, water, clear broth or bouillon, Gatorade, Snapple, carbonated soda, Jello, ice popsicles, black coffee, black tea [sugar/sweetener is allowed, NO milk/creamer]).
2. You **cannot** have orange juice or other liquids you cannot see through.
3. It is very important that you stay well hydrated.

CLENPIQ INSTRUCTIONS: Call the office at 631-751-8700 if you have problems or questions about the prep

A complete preparation requires **2 doses** of CLENPIQ for oral solution **taken separately** each followed by additional fluids (dosing cup provided). The 2 doses are the same and have the same contents. **KEEP AT ROOM TEMPERATURE!**

- ❖ **FIRST DOSE:** *Start around 5pm. After drinking the first dose of CLENPIQ, drink FIVE additional 8oz. cups (provided in kit) of Gatorade or Pedialyte (NOT red or purple) for a total of 40oz. within 5 hours.*
- ❖ **SECOND DOSE:** *After drinking the second dose of CLENPIQ, drink THREE additional 8oz. cups (provided in kit) of Gatorade or Pedialyte (NOT red or purple) for a total of 24oz. within 3 hours. All fluid must be completed 6 hours before procedure!*

- If your procedure is **scheduled before 12pm**, drink the second dose at 10pm the night before
- If your procedure is **scheduled after 12pm**, **finish the second dose and fluids 6 hours before** your procedure time

D. THE DAY OF YOUR PROCEDURE: DO NOT EAT ANY FOOD!

1. **Do not eat solid food on the day of your procedure.** No gum or candy.
2. If your procedure is after 12pm, the second dose of CLENPIQ must be **completed 6 hours before** your procedure. You may not drink anything less than 6 hours before your procedure.
3. You may brush your teeth
4. Take your morning medications with a sip of water as directed by your physician
5. Wear loose fitting clothes. Do not wear contact lenses, jewelry, or make-up. Remove tongue piercings.
6. Bring your **inhalers & glasses case** with you
7. Contact the office if you have questions or your physical condition changes (cold, fever, illness) at 631-751-8700
8. We may **cancel your procedure if you do not have a driver to take you home.** Your driver will need to sign your discharge papers. You may **resume your normal diet** after the procedure. You may **not drive for the rest of the day/night.** You may **resume normal activities** the next day.